

Resource List
Racial and Social Justice as Dharma Practice
August 7, 2024

The resources below were compiled by the multi-sangha 'Racial and Social Justice as Dharma Practice Group' co-led by Chris Fortin and Doralee Grindler Katonah. Our group is committed to intimate investigation and conversation to actualize personal and collective freedom for all beings. We cannot do this kind of work alone and it is with the help of such resources and supportive community that the potential for transformation and ending suffering is actualized.

The items below represent material that members have found valuable. While our focus has been on the experience of Black Americans and racism, our interests include the experiences of many socially oppressed groups. Some categories are better represented than others and we welcome suggestions of additional resources. Asterisks indicate "must read or watch" items, with each asterisk indicating someone who valued the item highly. Not everyone agreed on the same items. Similarly, we recognize that there is no one right way or script for study or action. Each person needs to discern and ask: "What are we called to do now, unique to our life circumstances, and moment to moment."

May these resources support each of us to awaken to our unconscious struggles with "others" in our lives to offer our full aliveness, compassion and wisdom.

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For more information about this list or to suggest additional resources, please contact:

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1. History of slavery and oppression

Bell, Richard. 2020. *Stolen: Five Free Boys Kidnapped into Slavery and their Astonishing Odyssey Home*.

Blight, David. 2020. *Frederick Douglass: Prophet of Freedom*

Browne, Katrina. July 29, 2008. "Traces of the Trade: A Story from the Deep North" [Podcast]. *National Public Radio*. www.npr.org/2008/07/29/93019633/a-family-truth-traced-back-to-the-slave-trade.

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****Dover Series. 2002. *When I Was a Slave: Memoirs from the Slave Narrative Collection*.

Finley, Alexandra. 2020. *An Intimate Economy: Enslaved Women, Work, and America's Domestic Slave*.

Franke, Katherine. 2019. *Repair: Redeeming the promise of abolition*.

Galland, China. 2008, *Love Cemetery, Unburying the Secret History of Slaves*.

*Greenidge, Kerri. 2022. *The Grimkes: The Legacy of Slavery in an American Family*.

***Hannah-Jones, Nicole. 2019. *The 1619 Project*.

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Hutchinson, George. 2006. *In Search of Nella Larsen: A Biography of the Color Line*.

Jones-Rogers, Stephanie E. 2020. *They Were Her Property: White Women as Slave Owners in the American South* Paperback.

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*Seidule, Ty. 2021. *Robert E. Lee and Me: A Southerner's Reckoning with the Myth of the Lost Cause*.

Slater, Dashka. 2017. *The 57 Bus: The True Story of Two Teenagers and the Crime that Changed their Lives*.

**Smith, Clint. 2021. *How the Word is Passed: A Reckoning with the History of Slavery across America*.

Till, directed by Chinonye Chukwu. 2022. Story of Mamie Till-Bradley, mother Emmett Till.

Turner, Sarah. 2019. *Contested Bodies: Pregnancy, Childrearing, and Slavery in Jamaica*.

Twelve Years a Slave, directed by Steve McQueen. 2013. (film)

*Whitehead, Colson. 2016. *The Underground Railroad*.

*Yetman, Norman. 2002. *When I was a Slave, Memoirs from the Slave Narrative Collection*

2. On race and racism

**Alexander, Michelle. 2012. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*.

Banaji, Mahzarin and Greenwald, Anthony. 2013. *Blindspot: Hidden Biases of Good People*.

Bell-Scott, Patricia. 2017. *The Firebrand and the First Lady* (about Pauli Murray)

Berry, Daina Rainey, and Lesley M. Harris. 2018. *Sexuality and Slavery: Reclaiming Intimate Histories in the Americas*.

**Cracking the Codes: The System of Racial Inequality*. Directed by Shakti Butler. 2013. (Film)

**Cullors, Patrice Khan & Bandele, Asha. 2017. *When They Call You a Terrorist: A Black Lives Matter Memoir*.

Dyson, Michael Eric. 2021. *Tears We Cannot Stop: A Sermon to White America*.

Foster, Thomas. 2019. *Rethinking Rufus: Sexual Violations of Enslaved Men*.

*Hurston, Zora Neal. 2020. *Barracoon: The Story of the Last Black Cargo*.

**Hurston, Zora Neal. 2022. *A Short Story – Including A Brief History of the Harlem Renaissance*.

Johnson, Fern and Fine, Marlene. 2021. *Let's Talk Race: A Guide for White People*.

**Kendi, Ibram. 2016. *Stamped from the Beginning: The Definitive History of Racist Ideas in America*.

Lancaster, Simeon & Lazaro, Fred de Sam. 27 February 2023. "Alabama artist works to correct historical narrative around beginnings of gynecology." See *PBS News Hour*.

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McGhee, Heather. 2022. *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together*.

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powell, john a. 2015. *Racing to Justice: Transforming Our Conceptions of Self and Others to Build an Inclusive Society*.

**Race: The Power of an Illusion*. Directed by Christine Herbes-Sommers, Tracy Heather Strain, Llewellyn Smith. 2003. See also www.pbs.org/race/000_General/000_00-Home.htm.

Richardson, Brenda and Brenda Wade. 2014. *What Mama Couldn't Tell Us About Love: Healing the Emotional Legacy of Racism by Celebrating Our Light*.

Rothstein, Richard. 2017. *The Color of Law: A Forgotten History of How Our Government Segregated America*.

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*Takaki, Ronald. 2008. *A Different Mirror: A History of Multicultural America*.

West, Cornel. 1993. *Race Matters*.

***Wilkerson, Isabel. 2020. *Caste: The Origins of Our Discontents*.

*Yancy, George. 2018. *Backlash: What happens when we talk honestly about racism in America*.

3. Systemic racism, class and intersectionality

**Alexander, Michelle. 2012. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*.

Banaji, Mahzarin and Greenwald, Anthony. 2013. *Blindspot: Hidden Biases of Good People*.

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*Bruenig, Matt. 2019. “Wealth Inequality Across Class and Race in 5 Graphs”.

Rothstein, Richard. 2017. *The Color of Law: A Forgotten History of How Our Government Segregated America*.

**Stevenson, Bryan. 2015. *Just Mercy: A Story of Justice and Redemption*.

**Wilkerson, Isabel. 2010. *The Warmth of Other Suns: The Epic Story of America's Great Migration*.

**Wilkerson, Isabel. 2020. *Caste: The Origins of Our Discontents*.

*Wilkerson, Isabel. 1 July 2020. "America's Enduring Caste System: Our founding ideals promise Liberty and equality for all. Our reality is an enduring social hierarchy that has persisted for Centuries." *The New York Times Magazine*.

4. On whiteness

- **Anderson, Carol. 2016. *White Rage: The Unspoken Truth of Our Racial Divide*.
- *Battalora, Jacqueline. 2021. *Birth of a White Nation: The Invention of White People and Its Relevance Today* (2nd ed.).
- Brodin, Karen. 1999. *How Jews Became White Folks & What That Says about Race in America*.
- Brennan, Joy. In: [Buddhadharma – The Practitioner's Guide \(Summer 2021\). "Deconstructing Whiteness" pp.28-43.](#)
- *Campt, David. 2018. *The White Ally Toolkit Workbook: Using Active Listening, Empathy, and Personal Storytelling to Promote Racial Equity*.
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- **DiAngelo, Robin. 2018. *White Fragility: Why It's So Hard for White People to Talk About Racism*.
- DiAngelo, Robin. 2021. *Nice Racism: How progressive white people perpetuate racial harm*.
- *Hamad, Ruby. 2019. *White Tears/Brown Scars: How White Feminism Betrays Women of Color*.
- *Hill, Daniel. 2017. *White Awake: An honest look at what it means to be white*.
- Irving, Debby. 2014. *Waking Up White and Finding Myself in the Story of Race*.
- Johnson, Fern and Fine, Marlene. 2021. *Let's Talk Race: A Guide for White People*.
- Kremer, Jürgen and Jackson-Paton, River. 2014. *Ethnoautobiography: Stories and Practices for Unlearning Whiteness, Decolonization, Uncovering Ethnicities*.
- ***McIntosh, Peggy. 1988. *White Privilege: Unpacking the Invisible Knapsack*.
- **Mirrors of Privilege: Making Whiteness Visible*. Directed by Butler, Shakti. 2018. (film). <http://world-trust.org/mirrors-of-privilege-making-whiteness-visible/>
- *Roediger, David. 2006. *Working Toward Whiteness: How America's Immigrants Became White: The Strange Journey from Ellis Island to the Suburbs*.
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- *Yancy, George. 2018. *Backlash: What happens when we talk honestly about racism in America*. 2018.

5. Buddhism and mindfulness for racial and social justice

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*Forum: Why Is American Buddhism So White? – with Charles Johnson, Larry Yang, Amanda Rivera, Angel Kyodo Williams, and Bob Agolia. Fall 2011. *Buddhadharma Magazine*.

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Han, Chenxing. 2021. *Be the Refuge: Raising the Voices of Asian American Buddhists*.

*Johnson, Kate. August 2021. *Radical friendship: Seven ways to love yourself and find your people in an unjust world*.

*Kaza, Stephanie (ed.). 2020. *A Wild Love for the World: Joanna Macy and the Work of Our Time*.

**King, Ruth. 2018. *Mindful of Race: Transforming Racism from the Inside Out*.

*Lama Owens, Rod. 2020. *Love and Rage: The Path of Liberation through Anger*.

Loy, David. 2008. *The Great Awakening: A Buddhist Social Theory; Money, Sex, War, Karma*.

*Loy, David. 2018. *Ecodharma: Buddhist Teachings for the Ecological Crisis*.

Macy, Joanna and Brown, Molly. 1998. *Coming Back to Life: Practices to Reconnect Our Lives, Our World*.

*Macy, Joanna and Johnstone, Chris. 2012. *Active Hope: How to Face the Mess We're In without Going Crazy*.

**Magee, Rhonda. 2019. *The Inner Work of Racial Justice: Healing Ourselves and Transforming Our Communities through Mindfulness*.

Manders, Kevin and Marston, Elizabeth (Editors). 2019. *Transcending: Trans Buddhist Voices*.

**Making the Invisible Visible: Healing Racism in Our Buddhist Communities* (2nd ed.). August 2000. www.spiritrock.org/document.doc?id=9.

Mason-John, Valerie [Vimalasara] (ed.). 2021. *Afrikan Wisdom: New Voices Talk Black Liberation, Buddhism and Beyond*.

**Ragir, Judith. 2022. *Untangling Karma: Intimate Zen stories on healing trauma*.

*Rothberg, Donald. 17 & 24 June 2020. "Buddhist Practice and the Transformation of Racism" (two talks). *Dharma Seed*. dharmafeed.org/teacher/55/talk/62047/; dharmafeed.org/teacher/55/talk/62086/.

Rothberg, Donald. 2006. *The Engaged Spiritual Life: A Buddhist Approach to Transforming Ourselves and the World*.

Selassie, Sebene. 2020. *You Belong: A Call for Connection*.

**Shutt, Liên. 2023. *Home Is Here: Practicing Antiracism with the Engaged Eightfold Path*. (see also <https://gaybuddhist.org/podcast/live-whole-lien-shutt/>)

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**Williams, Rev. angel Kyodo, et al. 2016. *Radical Dharma: Talking Race, Love and Liberation*.

Yancy, George and Emily Mcrae (eds.). 2019. *Buddhism and Whiteness: Critical Reflections*.

Yang, Larry. 2017. *Awakening Together: The Spiritual Practice of Inclusivity and Community*.

Yetunde, Pamela Ayo and Cheryl Giles (eds.). 2020. *Black & Buddhist: What Buddhism Can Teach Us About Race, Resilience, Transformation & Freedom*.

Yetunde, Pamela Ayo. 2023. *Casting Indra's Net: Fostering Spiritual Kinship and Community*.

6. Antiracist action and engagement

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**Kendi, Ibram. 2019. *How to Be An Antiracist*.

King, Ruth. 2018. *Mindful of Race: Transforming Racism from the Inside Out*.

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Caampt, David. 2018. *The White Ally Toolkit Workbook: Using Active Listening, Empathy, and Personal Storytelling to Promote Racial Equity*.

**Menakem, Resmaa. 2021. *The Quaking of America: An Embodied Guide to Navigating Our Nation's Upheaval and Racial Reckoning*.

Murray, Pauli. 2023. *To Speak a Defiant Word: Sermons and Speeches on Justice and Transformation*.

Rustin, directed by George C. Wolfe. 2023. (Film)

*Shutt, Liên. 2023. *Home Is Here: Practicing Antiracism with the Engaged Eightfold Path*.

**Wade, Breeshia. 2021. *Grieving While Black: An antiracist take on oppression and sorrow*.

See also Training section below.

7. Black thought leaders (alphabetical)

*Angelou, Maya. 1969. *I Know why the Caged Bird Sings*.

****Baldwin, James. November 17, 1962. "Letter from a Region in my Mind." *The New Yorker*.

*Baldwin, James. 1992. *The Fire Next Time*.

**Baldwin, James. 2012. *Notes of a Native Son*.

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Baldwin, James. 1974. *If Beale Street Could Talk*.

**Baldwin, James 2016. *Escape from America, Exile in Provence*.

*Baldwin, James. Interviews.

<https://www.google.com/search?q=james+baldwin+interview+youtube&oq=james+baldwin+interviews&aqs=chrome.2.69i57j0i22i30i390i650i4.16401j0j9&client=ms-android-verizon&sourceid=chrome-mobile&ie=UTF-8#vuanr=16>

*Bell, Derrick. 2018. *Faces at the Bottom of the Well: The permanence of racism*.

Blight, David. 2020. *Frederick Douglas: Prophet of Freedom*

- *Butler, Octavia. 1993. *Parable of the Sower*.
- *Butler, Octavia. 1988. *Kindred*.
- *Coates, Ta-Nehisi. 2019. *The Water Dancer*.
- Cottom, Tressie McMillan. 2019. *Thick And Other Essays*.
- ***Coates, Ta-Nehisi. June 2014. "The Case for Reparations." *The Atlantic*.
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- ***Coates, Ta-Nehisi. 2015. *Between the World and Me*.
- Eig, Jonathan. 2023. *King: A Life*.
- **Glaude, Eddie. 2020. *Begin Again: James Baldwin's America and Its Urgent Lessons for Our Own*.
- Glaude, Eddie. 2024. *We are the Leaders We Have Been Looking for*.
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- hooks, bell. 2004. *The will to change: Men, masculinity and love*.
- hooks, bell. 2014. *Feminist Theory, Ain't I a Woman, Sisters of the Yam*.
- ***Hurston, Zora Neale. 1937. *Their Eyes were Watching God*.
- **Kendi, Ibram. 2019. *How to Be An Antiracist*.
- *Kendi, Ibram. 2016. *Stamped from the Beginning: The Definitive History of Racist Ideas in America*.
- Kendi, Ibram X. & Blain, Keisha N. 2021. *400 Souls: A community history of African America, 1619-2019*.
- Larsen, Nella. 1929. *Passing*.
- Larsen, Nella. 2001. *The Complete Fiction of Nella Larsen* (anthology)
- Lorde, Audre. 2018. *The Master's Tools Will Never Dismantle the Master's House* (essays and poems)
- Lorde, Audre. 2007. *Sister Outsider* (essays and speeches).
- Lorde, Audre. 2000. *The Collected Poems of Audre Lorde*.
- Lorde, Audre. 2020. *The Selected Works of Audre Lorde*.
- Murray, Pauli. 2023. *To Speak a Defiant Word: Sermons and Speeches on Justice and Transformation*.
- *Tubbs, Anna Malaika. 2021. *The Three Mothers: How the mothers of Martin Luther King, Jr., Malcolm X., and James Baldwin shaped a nation*.
- *Washington, James (ed.). 1986. *A Testament of Hope: The Essential Writings and Speeches of Martin Luther King, Jr.*

**Manuel, Zenju Earthlyn. 2015. *The Way of Tenderness: Awakening through Race, Sexuality, and Gender*.

**Manuel, Zenju Earthlyn. 2022. *The Shamanic Bones of Zen: Revealing the Ancestral Spirit and Mystical Heart of a Sacred Tradition*.

Manuel, Zenju Earthlyn. 2023. *Opening to Darkness – Eight gateways for being with the absence of light*.

****Morrison, Toni. 1987. *Beloved*.

*Morrison, Toni. 1970. *The Bluest Eye*.

*Morrison, Toni. 1998. *Paradise*.

Morrison, Toni. 2017. *The Origin of Others* (reflections based on a series of her lectures).

***Wilkerson, Isabel. 2020. *Caste: The Origins of Our Discontents*.

***Wilkerson, Isabel. 2010. *The Warmth of Other Suns*.

8. Other identities (alphabetical)

a. Asian

Iyer, Deepa. 2015. *We Too Sing America: South Asian, Arab, Muslim and Sikh Immigrants Shape Our Multiracial Future*.

*Park Hong, Cathy. 2020. *Minor Feelings: An Asian American Reckoning*.

*Williams, Duncan Ryūken. 2019. *American Sutra: A Story of Faith and Freedom in the Second World War*.

***Vuong, Ocean. 2019. *On Earth We're Briefly Gorgeous*.

*Vuong, Ocean. 2016. *Night Sky with Exit Wounds*. (Poetry)

*Vuong, Ocean. 2022. *Time Is a Mother*. (Poetry)

b. Jewish

Angel, Prielle. Summer 2022. Jewish Currents Magazine. *Beyond Grievance – Though it may be a potent political tool, grievance can also maintain our investment in our own oppression*.

Bauer, Shane. 2024. The Israeli Settlers Attacking Their Palestinian Neighbors New Yorker. <https://www.newyorker.com/magazine/2024/03/04/israel-west-bank-settlers-attacks-palestinians>

*Brodin, Karen. 1999. *How Jews Became White Folks & What That Says about Race in America*

Isaac, Jules. 1965. *The Teaching of Contempt*.

**Israelism*. Directed by Erin Axelman and Sam Eilertsen. 2023.

<https://www.israelismfilm.com/>

c. LGBTQ

Lorde, Audre. 2018. *The Master's Tools Will Never Dismantle the Master's House* (essays and poems)

Lorde, Audre. 2007. *Sister Outsider* (essays and speeches).

Lorde, Audre. 2000. *The Collected Poems of Audre Lorde*.

Lorde, Audre. 2020. *The Selected Works of Audre Lorde*.

Manders, Kevin and Marston, Elizabeth (Editors). 2019. *Transcending: Trans Buddhist Voices*.

**Manuel, Zenju Earthlyn. 2015. *The Way of Tenderness: Awakening through Race, Sexuality, and Gender*

Rustin, directed by George C. Wolfe. 2023.

d. Latinx

Anzaldúa, Gloria. 2012. *Borderlands / La Frontera: The New Mestiza*.

Anzaldúa, Gloria and Cherríe Moraga (eds). 2015. *This Bridge Called My Back: Writings by Radical Women of Color*.

Dávila, Arlene. 2008. *Latino Spin: Public Image and the Whitewashing of Race*.

Gómez, Laura E. 2022. *Inventing Latinos: A New Story of American Racism*.

González, Juan. 2011. *Harvest of Empire: A History of Latinos in America*.

Moskowitz, Peter. 2017. *How to Kill a City: Gentrification, Inequality, and the Fight for the Neighborhood*. (About Latino and other neighborhoods)

Balderrama, Francisco E. and Raymond Rodríguez. 2006. *Decade of Betrayal: Mexican Repatriation in the 1930s*.

Urrea, Luis Alberto. 2004. *The Devil's Highway: A True Story*.

*Zamora, Javier. 2022. *Solito*

e. Muslim/Palestinian

Abusalim, J., Bing, J., Lotze M.M. 2020. *Light in Gaza - Writings born of fire*. A wide-ranging anthology of Palestinian writers and artists.

*Alareer, Refaat, Editor. 2013. *Gaza writes back – Short stories from young writers in Gaza, Palestine*

Bauer, Shane. 2024. *The Israeli Settlers Attacking Their Palestinian Neighbors*

New Yorker. <https://www.newyorker.com/magazine/2024/03/04/israel-west-bank-settlers-attacks-palestinians>

**Israelism*. Directed by Erin Axelman and Sam Eilertsen. 2023. <https://www.israelismfilm.com/> Documentary.

McCann, Colum and Diane Foley, 2024. *American Mother*.

Talarigo, Jeff. 2019. *In the Cemetery of the Orange Trees*.

Turning Point: 9/11 and the War on Terror, directed by Brian Knappenberger. 1921. Documentary.

Where Olive Trees Weep, directed by Zaya Ralitz Benazzo. 2024. Documentary.

f. Refugee/migrant

Eggers, Dave. 2007. *What is the What?*

**Israelism*. Directed by Erin Axelman and Sam Eilertsen. 2023. <https://www.israelismfilm.com/>

Talarigo, Jeff. 2019. *In the Cemetery of the Orange Trees*

*Zamora, Javier. 2022. *Solito*.

g. Native American

Alexie, Sherman. 2000. *The Toughest Indian in the World*. Oh

Brown, Dee. 1970. *Bury My Heart at Wounded Knee: An Indian History of the American West*.

Curtice, Kaitlin. B. 2023. *Living Resistance: An indigenous vision for seeking wholeness every day*.

**Dawnland*. Directed by Adam Mazo and Ben Pender-Cudlip. 2018. <https://www.pbs.org/independentlens/documentaries/dawnland/> (Film)

Dunbar-Ortiz, Roxanne. 2015. *Indigenous Peoples' History of the United States*.

Erdrich, Louise. 2020. *The Night Watchman*.

**Harjo, Joy. 2015. *Conflict Resolution for Holy Beings: Poems*. (Poetry)

**Kimmerer, Robin Wall. 2013. *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants*.

Madley, Benjamin. 2016. *American Genocide: The United States and the California Indian Catastrophe, 1846-1873*.

Orange, Tommy. 2024. *Wandering Stars*.

*Nabokov, Peter & Deloria, Vine. 1999. *Native American Testimony: A Chronicle of Indian-White Relations from Prophecy to the Present*.

Native News Online. 2023. Newsletter. nativenewsonline.net/.

***Lakota Nation vs. United States*. Directed by Jesse Short Bull and Laura Tomaselli. 2023.

Yunkaporta, Tyson. 2021. *Sand Talk: How Indigenous Thinking Can Save the World*.

h. Women

*Angelou, Maya. 1969. *I Know why the Caged Bird Sings*.

Arai, Paula. 2017. Bowing to the Dharma: Japanese Buddhist Women Leaders & Healers. *Religions* 8(11): 247. <https://doi.org/10.3390/rel8110247>

Bennage, Dai-En Patricia (Editor). 2018. *Zen Teachings in Challenging Times*.

Birthright: a war story, directed by Civia Tamarkin. 2017. Documentary about reproductive rights.

Bohannon, Cat. 2023. *Eve: How the Female Body Drove 200 Million Years of Human Evolution*.

Butler, Judith. 2006. *Gender Trouble: Feminism and the Subversion of Identity*

Caplow, Florence & Moon, Susan (eds). 2013. *The Hidden Lamp. Stories from Twenty-Five Centuries of Awakened Women*.

Cottom, Tressie McMillan. 2019. *Thick And Other Essays*.

Finley, Alexandra. 2020. *An Intimate Economy: Enslaved Women, Work, and America's Domestic Slave*.

Garling, Wendy. 2016. Stars at dawn – *Forgotten Stories of Women in the Buddha Life*.

hooks, bell. 2014. *Feminist Theory, Ain't I a Woman, Sisters of the Yam*.

Hutchinson, George. 2006. *In Search of Nella Larsen: A Biography of the Color Line*

Lloyd, Rachel. 2012. *Girls Like Us: Fighting for a World Where Girls Are Not for Sale: A Memoir*.

Lorde, Audre. 2018. *The Master's Tools Will Never Dismantle the Master's House* (essays and poems)

Lorde, Audre. 2007. *Sister Outsider* (essays and speeches).

Lorde, Audre. 2000. *The Collected Poems of Audre Lorde*.

Lorde, Audre. 2020. *The Selected Works of Audre Lorde*.

Murcott, Susan. 2006. *First Buddhist Women – Poems and Stories of Awakening*.

Popova, Maria. *Figuring*. 2019.

**Ragir, Judith. 2022. *Untangling Karma: Intimate Zen stories on healing trauma*.

Ross, Loretta and Rickie Solinger. 2017. *Reproductive Justice*.

Toomey, Christine. 2015. *In Search of Buddha's Daughters: The Hidden Lives and Fearless Work of Buddhist Nuns*.

Turner, Sarah. 2019. *Contested Bodies: Pregnancy, Childrearing, and Slavery in Jamaica*.

9. Fiction

**Adichie, Chimamanda Ngozi. 1977. *Americanah*.

*Angelou, Maya. 1969. *I Know why the Caged Bird Sings*.

Baldwin, James. 2013. *Go Tell It on the Mountain*.

Baldwin, James. 1974. *If Beale Street Could Talk*.

Butler, Octavia. 1979. *Kindred*.

Eggers, Dave. 2007. *What is the What?*

Eggers, Dave. 2010. *Zeitoun*

**Giddens, Rhiannon. (2022). *Build a house*. (Children's book)

**Gyasi, Yaa. 2016. *Homegoing*.

Hansberry, Lorraine. 1959. *A Raisin in the Sun*

***Hurston, Zora Neal. 2006 (1937). *Their Eyes were Watching God*.

Zora Neal Hurston: Claiming a Space, directed by Tracy Heather Strain. 2023. Public Broadcasting System (PBS) American Experience Series, S35, E2.

Jones, Tayan. 2017. *An American Marriage*.

Larsen, Nella. 1929. *Passing*.

Larsen, Nella. 2001. *The Complete Fiction of Nella Larsen* (anthology)

Lynch, Paul. 2023 *Prophet Song*. (Ireland and police force)

**Morrison, Toni. 1987. *Beloved*.

**Morrison, Toni. 1970. *The Bluest Eye*

*Orange, Tommy. 2018. *There There: A Novel*.

Powers, Richard. 2018. *The Overstory*.

Powers, Richard. 2021. *Bewilderment*.

Senna, Danzy. 1998. *Caucasia*.

Shange, Ntozke, (orig. published 1975) 1997. *For Colored Girls who have Considered Suicide/When the Rainbow is Enuf*.

Thompson-Spires, Nafissa. 2018. *Heads of the Colored People*.

- ***Vuong, Ocean. 2019. *On Earth We're Briefly Gorgeous*.
- ***Ward, Jesmyn. 2017. *Sing, Unburied, Sing: A Novel*.
- *Whitehead, Colson. 2020. *The Nickel Boys*.
- Wilkerson, Charmaine. 2022. *Black Cake: A Novel*.
- Woodson, Jacqueline. 2020. *Red at the Bone*.

10. Poetry and poets

a) Poems

- Giovanni, Nikki. 1997. *Love Poems* (collection).
- Gorman, Amanda. 2021. *The Hill we Climb, Call Us What We Carry* (collection).
- *Harjo, Joy. 2015. *Conflict Resolution for Holy Beings: Poems*.
- Lorde, Audre. 2018. *The Master's Tools Will Never Dismantle the Master's House* (essays and poems).
- Lorde, Audre. 2000. *The Collected Poems of Audre Lorde*.
- Lorde, Audre. 2020. *The Selected Works of Audre Lorde*.
- ***Rankine, Claudia. 2014. *Citizen – An American Lyric*.
- Sebree, Chet'la. 2019. *Mistress* (collection, including poem about Sally Hemings).
- Sebree, Chet'la, *Field Study*.
- Zamora, Javier. 2017. *Unaccompanied*.
- Vuong, Ocean. 2016. *Night Sky with Exit Wounds*.
- Vuong, Ocean. 2024. *Theology*.
- **Vuong, Ocean. 2022. *Time Is a Mother*.

b) African American poets

Additional poets (alphabetically listed): Hanif Abdurraquib, Maya Angelou, Amiri Baraka, Gwendolyn Brooks, Lucille Clifton, Rita Dove, Ross Gay, Langston Hughes, Major Jackson, Audre Lorde, Sonia Sanchez, Tupac Shakur, Ntozake Shange, Clint Smith, Danez Smith, Kevin Young.

See also https://www.blackexcellence.com/black-poets-you-should-know/#google_vignette

11. Film and video

- ***American Fiction*. Directed by Cord Jefferson. 2023.

American Symphony. Directed by Matthew Heineman. 2023. (biographical, regarding Jon Batiste)

Birthright: a war story, directed by Civia Tamarkin. 2017. Documentary about reproductive rights.

**Black and Buddhist in America*. Public event with 15 leading African American Buddhist teacher held by Union Theological Seminary. 21 October 2018.
www.youtube.com/watch?v=cWeOKjU9F6o.

Cracking the Codes: The System of Racial Inequality. Directed by Shakti Butler. 2013.

Dawnland. Directed by Adam Mazo and Ben Pender-Cudlip. 2018.
<https://www.pbs.org/independentlens/documentaries/dawnland/>

***I Am Not Your Negro*. Directed by Raoul Peck. 2016. Based on James Baldwin's unfinished manuscript *Remember This House*. See also an interview with the filmmaker: <https://youtu.be/GBmZ68pxJiU?si=PAwPPR5autRGRFEV>

If Beale Street Could Talk. Directed by Barry Jenkins. Based on a novel by James Baldwin. 2018.

**Israelism*. Directed by Erin Axelman and Sam Eilertsen. 2023.
<https://www.israelismfilm.com/>

**Kindred*. Television pilot show (2020) and television series (2022) Based on a novel by Octavia Butler.

**Lakota Nation vs. United States*. Directed by Jesse Short Bull and Laura Tomaselli. 2023. www.lakotanationvsus.movie/

Lancaster, Simeon & Lazaro, Fred de Sam. 27 February 2023. "Alabama artist works to correct historical narrative around beginnings of gynecology." See *PBS News Hour*.

**Mirrors of Privilege: Making Whiteness Visible*. Directed by Butler, Shakti. 2018. (film). <http://world-trust.org/mirrors-of-privilege-making-whiteness-visible/>

***Origin*. Directed by Ava DuVernay. Based on the story of Isabel Wilkerson writing the book *Caste*. 2023. See also Brody, Richard. 7 December 2023. "Few Films Make Ideas Exciting, But 'Origin' Succeeds." *The New Yorker*. www.newyorker.com/culture/the-front-row/few-films-make-ideas-exciting-but-origin-succeeds.

**Race: The Power of an Illusion*. Directed by Christine Herbes-Sommers, Tracy Heather Strain, Llewellyn Smith. 2003. See also www.pbs.org/race/000_General/000_00-Home.htm.

**Resurrecting Love*. Directed by Ben Galland. 2024. www.resurrectinglovemovie.org
See also China Galland, 2008, *Love Cemetery, Unburying the Secret History of Slaves*.

Rustin. Directed by George C. Wolfe. 2023. Biographical, based on life of Bayard Rustin.

Till. Directed by Chinonye Chukwu. 2022. Biographical, based on life of Mamie Till-Bradley, mother of Emmett Till.

Twelve Years a Slave. Directed by Steve McQueen. 2013.

Turning Point: 9/11 and the War on Terror. Directed by Brian Knappenberger. 2021. Documentary.

***When They See Us*, a miniseries about the 'Central Park Five.' Directed by Ava DuVernay. 2019.

Where Olive Trees Weep. Directed by Zaya Ralitza Benazzo. 2024. Documentary.

**White Like Me: Reflections on Race from a Privileged Son*. Directed by Scott Morris. Based on the book by Tim Wise. 2013. <https://vimeo.com/ondemand/whitelikeme>

**Zora Neale Hurston: Claiming a Space*. Directed by Tracy Heather Strain. 2023. Public Broadcasting System (PBS) American Experience Series, S35, E2. Biographical documentary.

12. Training and community opportunities

Bearing Witness to Racism in America.

<https://zenpeacemakers.org/programs/racism-in-america/>

Beyond the Culture of Separation: Programs for white-identified people who are committed to changing the story of separation. 2022. beyondseparation.net.

Building Movement Project. 2024. "Social Change Ecosystem Map".

buildingmovement.org/our-work/movement-building/social-change-ecosystem-map/.

Camp, David. 2018. *The White Ally Toolkit Workbook: Using Active Listening, Empathy, and Personal Storytelling to Promote Racial Equity*.

Cargle, Rachel. 2023. *The Great Unlearn* [online learning platform]. rachelcargle.com/the-great-unlearn/.

East Bay Meditation Center. 2024. eastbaymeditation.org. Periodic trainings.

Education for Racial Equity. 2024. www.educationforracialequity.com.

Gajaweera, Nalika. 10 March 2022. *Transforming the American Sangha* [research seminar]. ahc.leeds.ac.uk/philosophy/events/event/2375/research-seminar-with-dr-nalika-gajaweera-transforming-the-american-sangha.

Garrison Institute. Periodic BIPOC and LGBTQ-specific retreats and BIPOC Sangha. <https://www.garrisoninstitute.org/being-here/>
<https://www.garrisoninstitute.org/virtual-offerings/bipoc-meditation-sangha/>

*King, Ruth. 2024. "Mindful of Race" Trainings and Affinity Groups. ruthking.net.

Lewis, Victor L., and Digh, Patti. 2024. Courses on “Hard Conversations: Whiteness, Race, and Social Justice.” www.pattidigh.com/whiteness/.

*Schatz, Kate & Kamau Bell, W. 2022. *Do The Work! An Anti-Racist Activity Book*.

Spirit Rock. 2024. www.spiritrock.org. Periodic trainings.

*White Awake. 2024. “White Awake is an open-source curriculum that utilizes mindfulness in the development of white racial awareness.” whiteawake.org. A variety of courses.

Airborne, M., Barker, K., Welin, J., et al. 2016. White Awareness Insight Curriculum for Uprooting Privilege (WAIC UP!): A Dharma and Racism Study Program. alokavihara.org/wp-content/uploads/2018/10/INDEX_-White-Awareness-Insight-Curriculum-for-Uprooting-Privilege-WAIC-UP.pdf.

It’s led by Kaira Jewel Lingo and Marisela Gomez, who co-authored a new book that’s relevant. <https://www.parallax.org/product/healing-our-way-home/>

13. Other

a. Other history

*French, Howard. 2021. *Born in Blackness: Africa, Africans, and the Making of the Modern World, 1471 to the Second World War*.

Jones, Reece. 2022. *White Borders: The History of Race and Immigration in the United States from Chinese Exclusion to the Border Wall*.

*Skloot, Rebecca. 2010. *The Immortal Life of Henrietta Lacks*.

Venable, Alan. 2017. *Hope’s Kids: A Voting Rights Summer*.

b. Memoir and biography

American Symphony, directed by Matthew Heineman (about Jon Batiste). 2023. (Film)

Douglas, Frederick. 1995. *Narrative of the Life of Frederick Douglass*. (autobiography).

Jackson, Mitchell S. 2019. *Survival Math: Notes on an All-American Family*.

Kaur, Valarie. 2021. *See No Stranger: A Memoir and Manifesto of Revolutionary Love*.

Laymon, Kiese. 2018. *Heavy: An American Memoir*.

Lloyd, Rachel. 2012. *Girls Like Us: Fighting for a World Where Girls Are Not for Sale: A Memoir*.

Yetman, Norman. 2002. *When I was a Slave, Memoirs from the Slave Narrative Collection*

Zamora, Javier. 2022. *Solito*.

c. Psychology

Hersey, Tricia. 2022. *Rest is Resistance: A Manifesto*.

**Menakem, Resmaa. 2017. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*.

d. Music

*Giddens, Rhiannon. 2021. Freedom Highway and They're Calling Me Home.

*Giddens, Rhiannon. 2022. *Omar* [opera].

e. Misc.

5 MLK speeches you should know. Spoiler: 'I Have a Dream' isn't on the list. NPR.
<https://www.npr.org/2024/02/07/1228320048/black-history-mlk-speeches-martin-luther-king>

brown, adrienne maree. 2020. *We Will Not Cancel Us – And Other Dreams of Transformative Justice*.

Hannah-Jones, Nicole. March 13, 2024. The 'Colorblindness' Trap: How a Civil Rights Ideal Got Hijacked. New York Times (Digital Edition).

International African American Museum in Charleston, SC.
https://www.nytimes.com/2023/06/23/arts/design/charleston-african-american-museum.html?campaign_id=57&emc=edit_ne_20230623&instance_id=95896&nl=theevening®i_id=66832649&segment_id=137386&te=1&user_id=09847d78c0a31d fb9ceb0b1b5774534

*Maddow, Rachel. 2022. *Ultra*.

"Rising Majority: Building a Powerful Left for Radical Democracy & Regenerative Economy." 2024. *The Rising Majority*. therisingmajority.com/